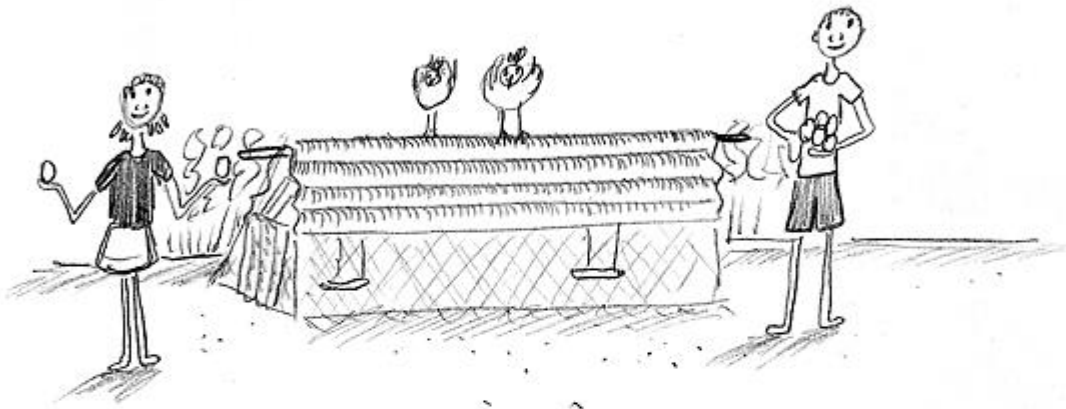




Lonny and Tabu



Earning from Eggs

By Elize Ferreira



Dear Friends

This booklet gives a few ideas of how you can change your own life with the things that you have around you, with your own hands and abilities that God blessed you with.

Some of you will want to see a copy of the Subsistence Manual. You can either download it from the website: www.africanhoneybee.co.za or ask your local African Honey Bee or Sappi Khulisa facilitator.

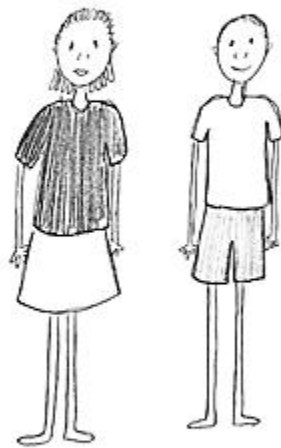
God bless

*Guy Stubbs
African Honey Bee*

In all toil there is profit, but mere talk tends only to poverty. Proverbs 14:23



Lonny & Tabu



Earning from Eggs



"Mama Zodwa's daughter gets such good marks. She is very smart," said Lonny.

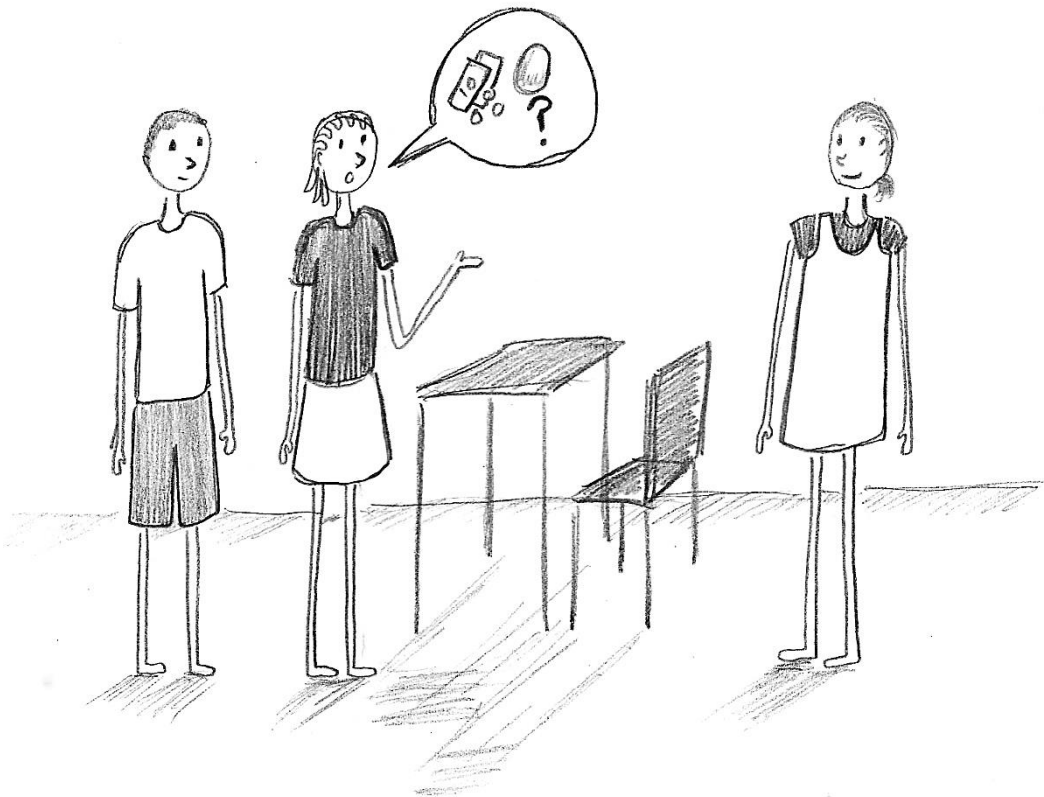
"Bongi, how do you get such good marks?" asked Tabu.





"I have been eating an egg a day and fresh vegetables with my pap since I was little. The protein from the eggs helps my brain to grow and be healthy," replied Bonggi.

"That is interesting, but how do you afford an egg a day?", asked Lonny.





"I have my own chickens and they provide eggs for me and my family. The rest we sell and the money we make is used to buy more layer chicken feed. Come to my house and I will show you", said Bongzi.

They went to Mama Zodwa's house to look at Bongzi's chickens.





"These are my chickens. There must be 15 chickens that are 6 months old and 1 rooster. Then you get about 10 eggs a day",
Bongi told them.





"How do you keep the chickens in the hok?"
asked Tabu.

"You keep the chickens in the hok for 2 week
and also feed them there. After the 2 weeks
they will return to the hok for feeding and
to lay the eggs", answered Bongji.



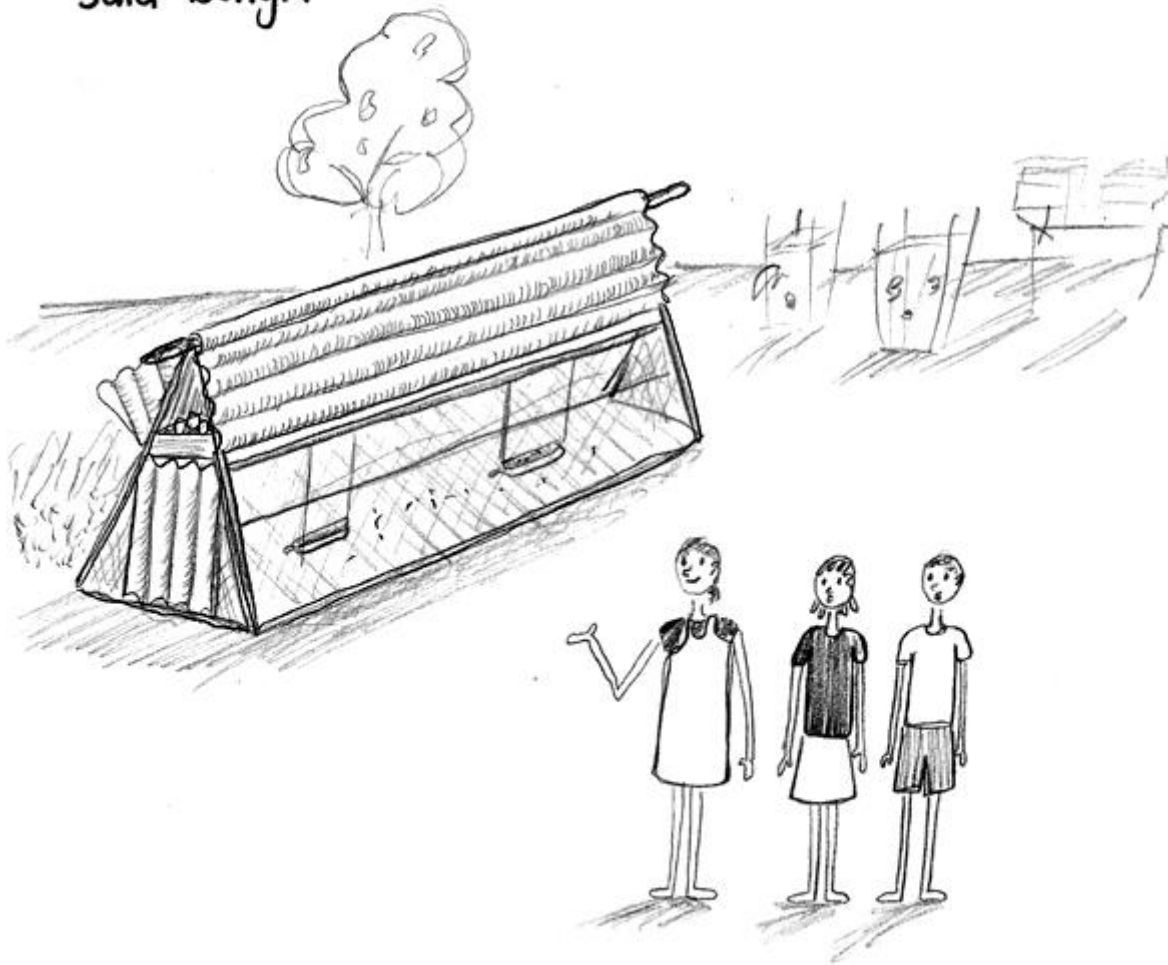


"Did you make this hok yourself?", asked Jabu.

"Yes, I did", answered Bonggi.

"Where did you learn to make a chicken hok and farm with egg chickens?", asked Lonny.

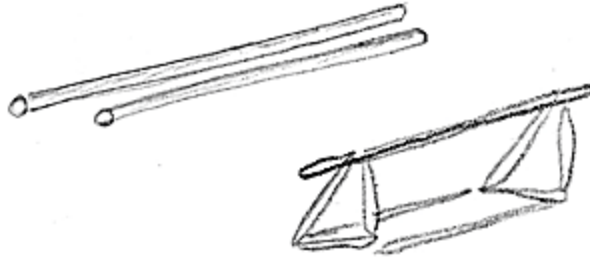
"I went to training at African Honey Bee", said Bonggi.



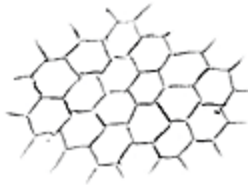


All the materials that you need to build an egg chicken laying hok are:

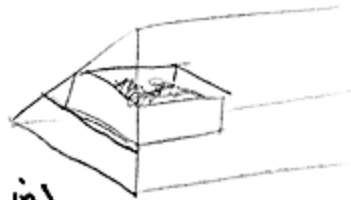
poles



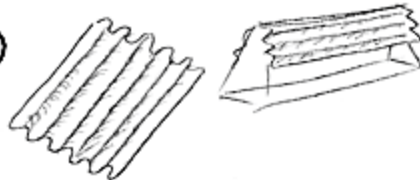
chicken mesh



something like beer crates
(for the chickens to lay their eggs in)



Zink (for the roof)



wire (to tie the mesh)

nails

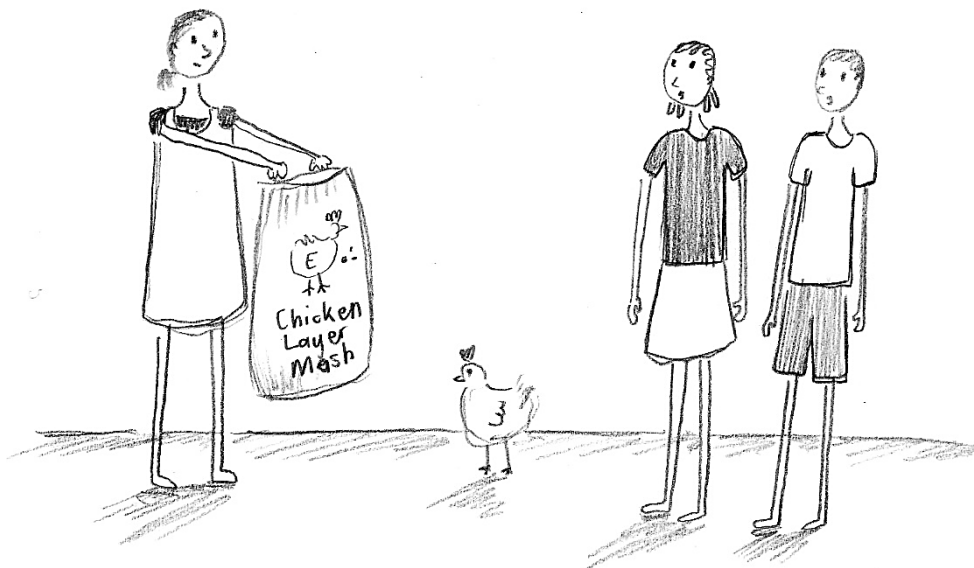


You can also look in the African Honey Bee Subsistence Manual how to make the hok properly.

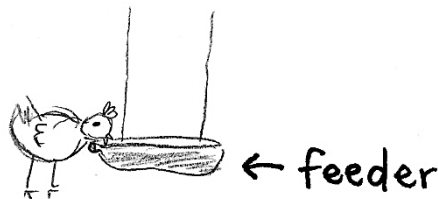


"What do you feed the chickens?", asked Lonny.

"We feed them layer mash and sometimes pap and leftover vegetables", answered Bongji.

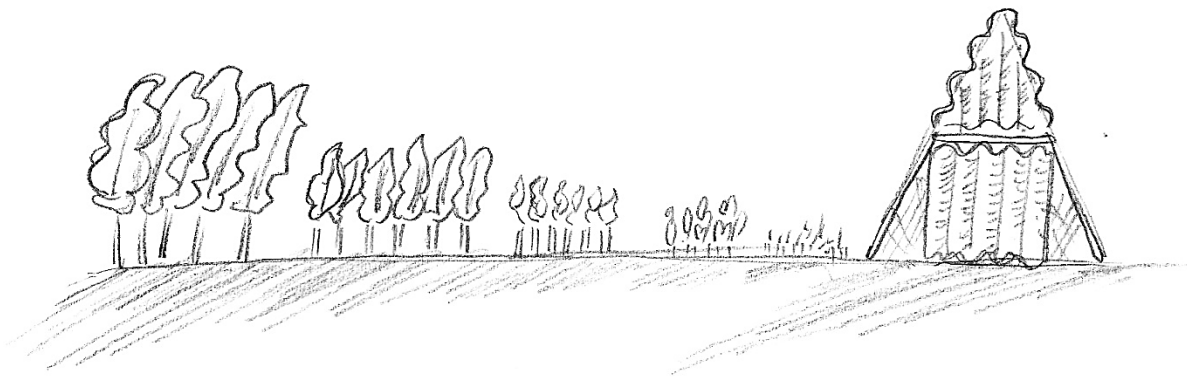


We feed them 1 cup of layer mash a day and we let them run around to eat insects, vegetables and other natural things.





"You must remember to move the hok every week because after two weeks there won't be grass anymore. The chicken's droppings will work like fertilizer and then you can plant spinach where the hok has been",
said Bongi.

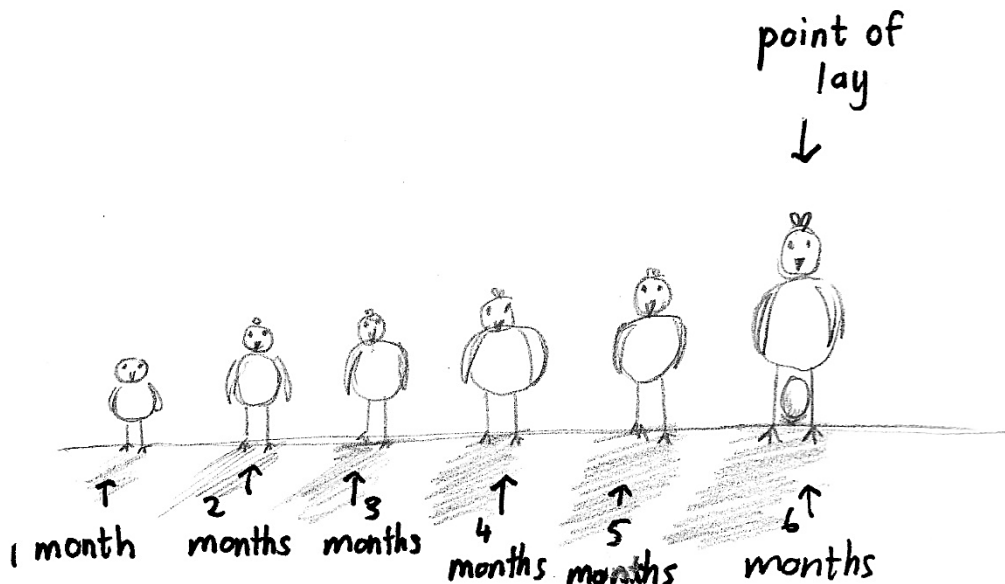


After 6 weeks you can move the hok back over the spinach you have grown.



"Why do the chickens have to be 6 months old?" asked Jabu.

"Because you don't want to feed them unnecessarily with expensive layer mesh. It is best to just buy them at 6 months old," Bongi answered.





So the sums are:

15 hens



= 10 eggs a day

5 eggs for Bongji, Mama Zodwa and
the rest of the family.

and

5 eggs sold to neighbours
and friends (R1 each)



= R150 each month

The food is R300 and lasts 4 months.

So 4 months sold eggs

= R600 - R300 (for food)

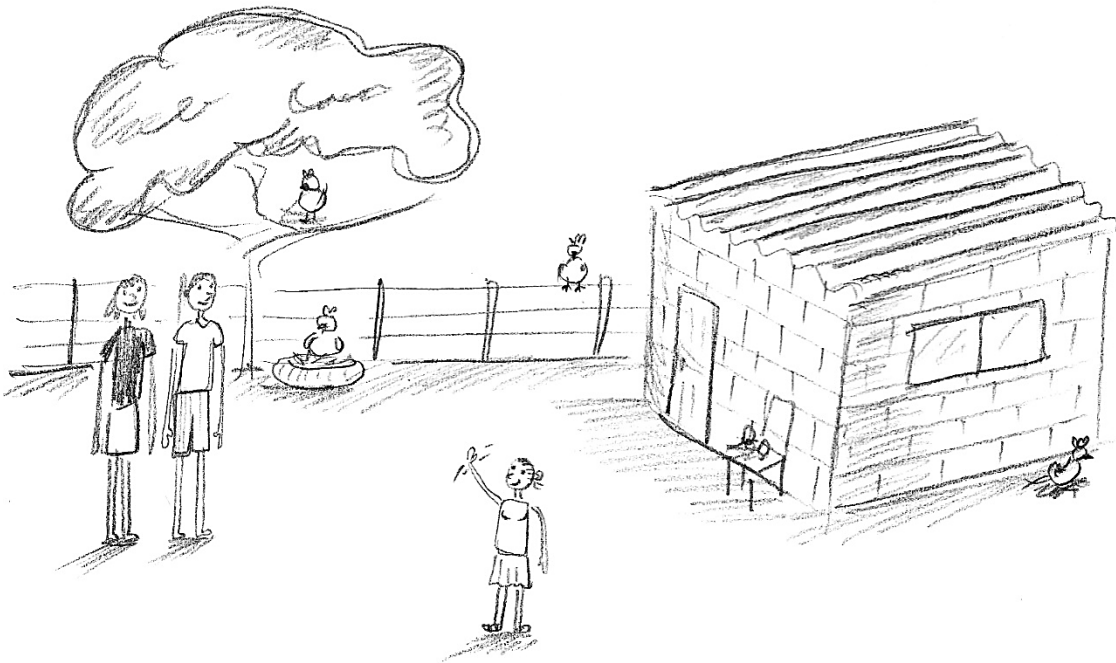
= R300 profit in 4 months

and healthy family



"Wow! So that is how you afford an egg a day", said Lonny.

"Come Lonny, let us go make our own chicken hok to farm with chickens for eggs", said Tabu.



Endorsements

Our communities are surrounded by nature. They live in areas with flora that is perfect for honeybee farming. Unfortunately, our youth go looking for employment in cities, while there are opportunities on their doorstep. The project by African Honey Bee and the material presented by them, not only opens our community's eyes to the opportunities, but also helps people learn to read. I highly recommend these booklets.

Sipho Ngema

KwaMbonambi Education Circuit Manager (2017)

Sappi is committed to supporting neighbouring communities to maximise their livelihoods from mobilising all assets, natural, physical and otherwise towards enriching the quality of life they yield. Through our relationship with African Honey Bee and our combined activities, Sappi is excited to see the opportunities that arise from managing, harvesting and sustaining honey bees. The contribution to livelihoods of participating community members cannot be over-emphasised. Any opportunity for income generation leads to major saving as well as increasing what comes into the family's income basket. As we share important lessons from the Asset Based Community Development (ABCD) approach with communities living close to Sappi plantations, the embracing of the AHB related activities demonstrate a commitment to living out the promises of the approach. We endorse this African Honey Bee book as it supports this thinking and approach to community development.

Blessing Karumbidza

Stakeholder Relations Manager, Sappi Forests (2017)